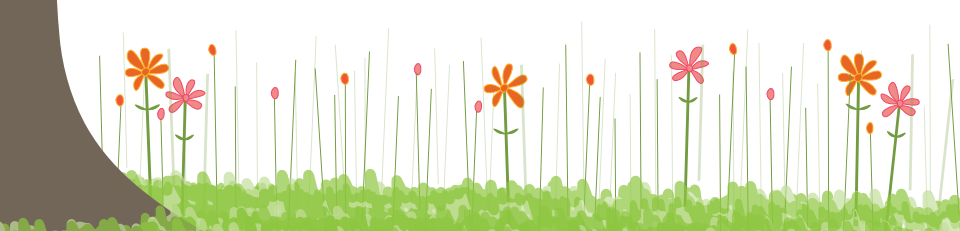




Trust in the  
LORD forever,  
For in GOD the LORD,  
we have an  
everlasting Rock.

Isaiah: 26-4 NASB





## Welcome to Women's Ministries!

Our lives seem to be constantly changing – circumstances change, relationships fluctuate, children grow, finances disappear – suddenly what we've "always known" is different.

Where is your stability? Who can you count on? The world is offering all sorts of suggestions, from plans that will provide everything from financial gain to personal improvement. But listen carefully; God is calling you to Himself. He is our Rock – our firm foundation. God promises His love to us, and it is forever!

I am hoping that as you read through this brochure you will find a place to connect – a place to join. Invite a friend and join us this year as we put our trust and our faith in the Lord. He is our everlasting Rock!

Looking forward to seeing you!

*Julie*

Julie Zager  
Director of Women's Ministries


juliez@nsb.org or 425-216-4411  
nsb.org/women  
blogs.nsb.org/women

# Women's Ministry Leadership Team



← Starting at top, left to right: Liana Wunderlich, Loretta Trainor, Wendy Moe, Kathy Flugstad, Julie Guest, Lauren Neal, Karen Emery, Kimberly Frohardt, Cheryl Flugstad, Julie Zager, Peggy Campbell. Not pictured: Pat Hoffman, Emily Cavanaugh.



  
AM Bible Study  
PM Bible Study

### **WOMEN IN THE WORD – AM • W.I.T.W.**

TUESDAY MORNING BIBLE STUDY

9:15-11:15 AM

Class begins on September 13th

This is a wonderful time for women to connect while studying God's word. We also are blessed to have a fantastic Children's Ministry program! Children's Ministry is offered for infants through kindergarten. Northshore has an awesome staff of teachers and helpers who prepare the program for the children. Women who are registered for Women in the Word on Tuesdays will serve as helpers in the children's program twice per year.

• Questions and information:

>Kimberly Frohardt, [kfrohardt@gmail.com](mailto:kfrohardt@gmail.com)

>Cheryl Flugstad, [caflugstad@gmail.com](mailto:caflugstad@gmail.com)

• Registration online at [nsb.org/register-online](http://nsb.org/register-online)

### **WOMEN IN THE WORD – PM • W.I.T.W.**

THURSDAY EVENING BIBLE STUDY

7:00–8:45 PM

Begins September 15th

Ladies, mark your calendars now so you won't miss our evening Women in the Word Bible study of 1 John. The evening is a perfect place for women of all ages to connect with other women! Come, dig deep into God's word as we grow and learn together in small groups. This is a great opportunity to see old friends again and make new friends, too. We'd love to have you join us!

• Questions and information:

>Karen Emery, [karenemery@comcast.net](mailto:karenemery@comcast.net)

>Peggy Campbell, [2peggy.campbell@gmail.com](mailto:2peggy.campbell@gmail.com)

• Registration online at [nsb.org/register-online](http://nsb.org/register-online)



**W.O.W.**  
Women of Wisdom

**M.O.P.S.**  
Mothers of Pre-Schoolers

### **WOMEN OF WISDOM • WOW**

Monthly Luncheons

11:45 AM - 1:45 PM

First Luncheon is September 9th!

Each month we share a superb luncheon, our thoughts, ideas, stories and prayers. It is an opportunity to enjoy other women, connect with friends and find new friends! WOW is a gathering place for women in all stages of life. For some it is women in their 40's; for others it is when the children leave home.

- Information and dates, [nsb.org/wow](http://nsb.org/wow) or  
>Pat Hoffman 425-483-1502 or [wow.pat@frontier.com](mailto:wow.pat@frontier.com)
- Registration each month (2 weeks prior to luncheon) online at [nsb.org/register-online](http://nsb.org/register-online) or in the Corridor on Sundays.

### **MOTHERS OF PRESCHOOLERS • MOPS**

2 times a month on Fridays

9:15 - 11:15 AM

Begins September 16th

MOPS (Mothers of Preschoolers) is an international organization designed to support and meet the unique needs of mothers of preschoolers (pregnancy through kindergarten). It's a place to find friendship, community, resources and support for you as a woman and mother so you're not alone. Come relax, share with other moms, hear great speakers, and create (and finish!) a craft each week. MOPPETS-Children's Ministries, is available during MOPS meetings for infants through kindergarten.

- Questions and information:  
>Lauren Neal, 425-402-7906 or [laurenneal@comcast.net](mailto:laurenneal@comcast.net)
- Register online, [nsb.org/register-online](http://nsb.org/register-online)



# Interlude Spring Retreat

## **INTERLUDE**

(24 HOURS WITH JESUS)

November 12–13, 2011

Have you ever been to a “quiet” retreat? Picture this: extended times to ponder your walk with Jesus, plus worship, food and fellowship. Relax – this isn’t a silent retreat!! Please join us at **Rainbow Lodge**, near North Bend, for our Interlude. This is a marvelous time to center our hearts and thoughts on Jesus before the rush of the holidays!

- Questions and information,  
>Liana Wunderlich, mlwunder5@gmail.com
- Registration will be online at [nsb.org/register-online](http://nsb.org/register-online)

## **SPRING RETREAT**

March 16th-18th, 2012

Women’s Retreat will be one to remember this year! Our weekend retreat will be at **Cascades Camp in Yelm, WA**, a new venue for us. Speaker will be **Connie Cavanaugh** the author of *From Faking it to Finding Grace*, among other books. We are eagerly planning and anticipating a wonderful weekend. It will be a sweet time with each other and our Lord Jesus. You won’t want to miss this chance to refresh, renew and recharge – see you there!

Lots of help is needed to coordinate this amazing event. Are you available?

- Questions or to volunteer,  
>Kathy Flugstad, [flugstad5@msn.com](mailto:flugstad5@msn.com)
- Registration will be online at [nsb.org/register-online](http://nsb.org/register-online)



# Common Threads Friendship Tea

## COMMON THREADS

October 1st • February 11th  
Saturday Mornings 9:30 AM - 12:30 PM

Come connect with other women through fellowship, worship, lunch, and a fun workshop in areas such as cooking, fitness, crafting, technology and more. Whether young or old, new believer or seasoned believer, single or married, come and join us to celebrate the "Common Threads" that tie women together! Saturday mornings.

- For information or workshop ideas,  
>Julie Guest, ryjammers@comcast.net

## FRIENDSHIP TEA

Saturday, April 28, 2012  
Noon - 2:30 PM

The tea is designed as an opportunity for women to bring neighbors, coworkers, family members and friends who may not share their faith to enjoy an afternoon together over a cup of tea. Our tea menu includes sandwiches, savorys, sweets, and two choices of tea in a style that you would expect in the best of tea rooms.

- For general information, volunteering or hosting a table,  
>Loretta Trainor, tea4friendship@gmail.com

*"Tea pot is on, the cups are waiting,  
favorite chairs anticipating;  
No matter what I have to do,  
my friend, there's always time for you."*

## DATES TO REMEMBER

### SEPTEMBER

9th • First WOW Luncheon of Year  
13th • WITW AM Begins  
15th • WITW PM Begins  
16th • MOPS Begins

### OCTOBER

**1ST • COMMON THREADS**  
7th • WOW Luncheon

### NOVEMBER

11th • WOW Luncheon  
**12TH-13TH • INTERLUDE RETREAT**

**DECEMBER** • Ministry break

### JANUARY

6th • MOPS Begins  
10th • WITW AM Begins  
12th • WITW PM Begins  
13th • WOW Luncheon  
**20TH • DADDY DAUGHTER DESSERT**

### FEBRUARY

10th • WOW Luncheon  
**11TH • COMMON THREADS**

### MARCH

9th • WOW Luncheon  
**16TH-18TH • WOMEN'S RETREAT IN YELM!**

### APRIL

20th • WOW Luncheon  
**28TH • FRIENDSHIP TEA**

### May

11th • WOW Luncheon

More information on all of these  
events can be found on the  
women's page of our web site,  
nsb.org/women



Northshore Baptist Church  
10301 NE 145th St  
Kirkland, WA 98034



See you soon!